



RECRUITMENT PACK

SOFT TISSUE THERAPIST

ABOUT US

Commonwealth Games Scotland (CGS) is the lead body for Commonwealth sport in Scotland. We select, prepare and lead Team Scotland at the Commonwealth Games and Commonwealth Youth Games.

Our Vision: Team Scotland and the Commonwealth Games inspiring Scotland to be physically active and successful in the sporting arena.

Our Mission: Use our unique position in Scottish sport to lead and maximise the benefits for Scotland, our member sports and athletes by:

- Enabling Team Scotland athletes to perform to their potential at the Commonwealth Games and Commonwealth Youth Games
- Making the nation proud
- Operating in a fair and inclusive way

ABOUT THE ROLE

We are inviting applications for two Soft Tissue Therapist positions with Team Scotland at the XXIII Commonwealth Games in Glasgow, scheduled from 23 July to 2 August 2026.

Reporting to the Head of Physiotherapy, the successful candidates will provide comprehensive soft tissue therapy services to Team Scotland athletes across all sporting disciplines. Collaboration with the broader medical team will be essential to ensure optimal support for athletes' health and performance needs.

These roles are voluntary, and applicants must secure appropriate authorization for leave from their current employer prior to accepting the position. Reasonable expenses will be covered, and contributions towards Games-specific Continuing Professional Development (CPD) may be provided.

THE PROCESS

To apply, please email your CV and a covering letter detailing your relevant experience, skills and suitability for the role to info@teamsotland.scot by **1 May 2026**.

Interviews will be held virtually on **w/c 11 May**.

Any enquiries regarding the post should be directed to info@teamsotland.scot

We are open to applications from individual applicants or service provision from agencies, provided a named individual is put forward for the role.

Candidates are also requested to complete the anonymous equality monitoring form: [Equality Monitoring Form](#)





ROLE DESCRIPTION

Role Title:	Soft Tissue Therapist
Reports to:	Head of Physiotherapy
Responsible for:	N/A
Term:	20 July – 3 August 2026 plus attendance at pre-Games training, Team camps and other functions.
Hours:	<p>Full time for during the Games, between 20 July and 3 August 2026 with exact dates to be confirmed.</p> <p>In addition to the Games time period detailed above, it is anticipated that there will be pre-Games team management training and other functions through 2026, including attendance at the full Team Camp on 1 July. This will involve a combination of daytime, evening and weekend working.</p> <p>It should be noted that this is an unpaid position and as such would suit an individual who can perform the role as part of an agreed release from their existing employer. For those not in such a position, we would welcome your expression of interest and a further conversation around your circumstances and opportunity to be part of the team.</p>
Location:	Glasgow
Special Requirements:	Professional registration to a suitable professional body such as the SMA, SST or equivalent.
Key Responsibilities:	<p><u>Pre-Games</u></p> <p>Be an active member of the Team Scotland Medical Team.</p> <p>Work alongside the Head Physiotherapist in planning and preparing Team Scotland recovery support.</p> <p>Contribute to Games planning, including planning of equipment and resource requirement for delivering therapy care.</p> <p>Liaise closely with sportscotland Institute of Sport medical department and Chief Medical Officer for Team Scotland to prepare the delivery of medical services.</p>



	<p>Attendance at Team Scotland management training and Team Camps, as arranged by CGS.</p> <p>Advise athlete's coaches and other staff on suitable and safe practices.</p> <p>Actively promote anti-doping education and advice in accordance with WADA, Commonwealth Sport and CGS requirements.</p> <p><u>During Games</u></p> <p>Ensure team recovery provision at the Games accommodation is ready for the arrival of the first athletes and teams.</p> <p>To provide general treatment to all athletes and other team members as required.</p> <p>Assist to manage the recovery service, adhering to clear on roles and responsibilities, enabling effective coverage of sports by all members of the soft tissue team.</p> <p>Manage the workload in conjunction with the lead to ensure athlete coverage is sufficient all times.</p> <p>Support in developing and maintaining a positive working environment.</p> <p>Maintain accurate treatment records where necessary.</p> <p><u>Post-Games</u></p> <p>Feedback on role, issues arising and treatment outcomes for future reference and planning.</p>
<p>Skills & Experience:</p>	<p>Suitable for an appropriately qualified Soft Tissue Therapist with a minimum of Level 4 Certificate in Sports Massage Therapy is essential, with previous Games and international experience being desirable.</p> <p>Member of appropriate sports massage or therapy association.</p> <p>Interest and knowledge in a range of Commonwealth Games sports where Team Scotland will be represented.</p> <p>Experience of working with Scottish sport.</p> <p>Well organised, work in a structured manner, be resourceful and be passionate about representing Scotland at the Games.</p>
<p>Expenses:</p>	<p>Reasonable expenses incurred in carrying out this position are reimbursed, in line with the CGS Expenses Policy.</p> <p>Games-time travel, accommodation, subsistence and kit will be provided.</p>

